



## ISLAMIAH WOMEN'S ARTS AND SCIENCE COLLEGE

Permanently Affiliated to Thiruvalluvar University  
Recognized by UGC under sections 2(f) and 12(B) of the UGC Act 1956  
Accredited with "B" Grade by NAAC  
Approved by the Government of Tamil Nadu  
Phone:04174-235266 Email: principalwcc@gmail.com  
www.islamiahwomensartsandsciencecollege.com

### Internship Details 2022 2023

**Program Name: M.Sc Foods and Nutrition Program Code: P18**

S.No	List of Students	Project Title	Place of Work	Duration
1	Safura Begum Nizami.S	Internship	VS Multi Speciality Hospital, Chennai.	1.9.2022 to 30.09.2022 One Month
2	Sufiyya Parvez	Internship	David Multi Speciality Hospital, Vaniyambadi.	1.9.2022 to 30.09.2022 One Month
3	Ummahani Saima.K	Internship	Apollo KH Hospital, Melvisharam.	12.09.2022 to 12.10.2022 One Month



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**THIRUVALLUVAR UNIVERSITY**  
**MASTER OF SCIENCE DEGREE COURSE**  
**M.Sc. FOODS AND NUTRITION**

**CBCS Pattern**

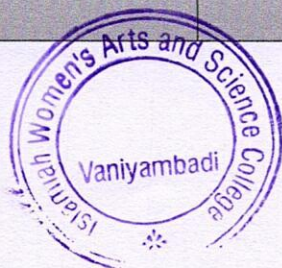
**(With effect from 2020-2021)**

**Programme Specific Outcomes**

- ❖ Enable to pursue higher education and Research in academic and research institutions.
- ❖ Inculcate comprehensive and analytical skills in food industries and health sectors.
- ❖ Take up professions in community upliftment programmes.
- ❖ Excel in community health nutrition for employment in State and Central Government.
- ❖ Understand the current concept of personalized nutrition with reference to nutrigenetics and nutrigenomics.

**The Course of Study and the Scheme of Examination**

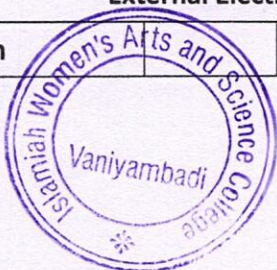
Sl. No.	Study Components		ins. hrs / week	Credit	Title of the Paper	Maximum Marks		
	Course Title					CIA	Uni. Exam	Total
<b>SEMESTER I</b>								
1.	Core-Theory	Paper-1	6	5	Advanced Physiology	25	75	100
2.	Core-Theory	Paper-2	6	5	Advanced Food Science	25	75	100
3.	Core-Theory	Paper-3	5	5	Essentials of Macronutrients	25	75	100
	Core-Practical	Paper-1	3	0	Advanced Food Science	0	0	0
	Core-Practical	Paper-2	3	0	Essentials of Macronutrients	0	0	0
<b>Internal Elective for same major students (Choose any one)</b>								
4.	Core Elective	Paper-1	4	3	(to choose 1 out of 3) A. Health and Fitness B. Food Hygiene and Sanitation C. Food Processing	25	75	100
<b>External Elective for other major students (Inter/multi disciplinary papers)</b>								
5.	Open Elective	Paper-1	3	3	(to choose 1 out of 3) A. Culinary Skills B. Basic Food Science C. Nutraceuticals	25	75	100
			<b>30</b>	<b>21</b>		<b>125</b>	<b>375</b>	<b>500</b>



1  
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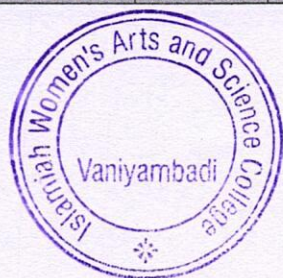
SEMESTER II						CIA	Uni. Exam	Total
6.	Core-Theory	Paper-4	5	4	Essentials of Micronutrients	25	75	100
7.	Core-Theory	Paper-5	4	4	Nutrition Through Life Cycle	25	75	100
8.	Core-Theory	Paper-6	4	4	Food Microbiology	25	75	100
9.	Core-Practical	Paper-1	4	4	Advanced Food Science & Essentials of Macronutrients	25	75	100
10.	Core-Practical	Paper-2	4	4	Essentials of Micronutrients & Nutrition Through Life Cycle	25	75	100
<b>Internal Elective for same major students (Choose any one)</b>								
11.	Core Elective	Paper-2	4	3	(to choose 1 out of 3) A. Food Standard and Quality Control B. Hospital Food Service C. Textiles and Clothing in Human Care	25	75	100
<b>External Elective for other major students (Inter/multi disciplinary papers)</b>								
12.	Open Elective	Paper-2	3	3	(to choose 1 out of 3) A. Bakery Science B. Home Scale Preservation of fruits and Vegetables C. Lifestyle Practice	25	75	100
13.	*Field Study		-	2		100	-	100
14.	Compulsory Paper		2	2	Human Rights	25	75	100
			30	30		300	600	900
<b>SEMESTER III</b>						CIA	Uni. Exam	Total
15.	Core-Theory	Paper-7	5	4	Nutritional Biochemistry	25	75	100
16.	Core-Theory	Paper-8	5	3	Research Methodology and Applied Statistics	25	75	100
17.	Core-Theory	Paper-9	4	3	Community Nutrition	25	75	100
	Core-Practical	Paper-3	6	0	Nutritional Biochemistry & Community Nutrition (Practicals)	0	0	0
<b>Internal Elective for same major students (Choose any one)</b>								
18.	Core Elective	Paper-3	5	3	(to choose 1 out of 3) A. Nutrition in Emergencies B. Functional Foods and Nutraceuticals C. Principles of Food Analysis	25	75	100
<b>External Elective for other major students (Inter/multi disciplinary papers)</b>								
19.	Open		5	3	(to choose 1 out of 3)	25	75	100

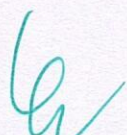


2  
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	<b>Elective</b>	<b>Paper-3</b>			A. Principles of Nutrition- I B. Assessment of Nutritional Status C. Nutrition Education and Counselling			
20.	Viva Voce		-	2	Internship	25	75	100
21.	** MOOC Courses		-	-		0	0	100
			<b>30</b>	<b>18</b>		<b>150</b>	<b>450</b>	<b>700</b>
<b>SEMESTER IV</b>						<b>CIA</b>	<b>Uni. Exam</b>	<b>Total</b>
22.	Core-Theory	Paper-10	6	4	Diet Therapy	25	75	100
23.	Core-Practical	Paper-3	0	3	Nutritional Biochemistry & Community Nutrition	25	75	100
24.	Core-Practical	Paper-4	6	3	Diet Therapy	25	75	100
25.	Core	Project / Dissertation	10	5	Core Project/ Dissertation with viva voce	100 (75 Project +25 viva)		100
<b>Internal Elective for same major students (Choose any one)</b>								
26.	Core Elective	Paper- 4	5	3	<b>(to choose 1 out of 3)</b> A. Food biotechnology B. Food Safety and Nutrition Security C. Computer Application in Food Science and Nutrition	25	75	100
<b>External Elective for other major students (Inter/multi disciplinary papers)</b>								
27.	Open Elective	Paper- 4	3	3	<b>(to choose 1 out of 3)</b> A. Principles of Nutrition- II B. Nutrition in Special Condition C. Techniques of Food Evaluation	25	75	100
			<b>30</b>	<b>21</b>		<b>125</b>	<b>375</b>	<b>600</b>
			<b>120</b>	<b>90</b>				<b>2700</b>



  
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## INTERNSHIP

### Internship:

A phase of training where in a graduate is expected to undergo training practice in a hospital industry/food industry according to his or her choice for a period of 30 Days so as to acquire job oriented skills

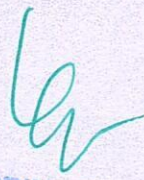
### Assessment:

Interns shall maintain a record book which shall be verified and certified by the training authority under whom he or she works during his/her internship period.

An objective evaluation of his/her knowledge, skills and attitude during training will be recorded by the center in-charge and monitored by faculty in-charge and marks shall be allotted accordingly.

Hospital authority	-	75
Internal Assessment & Viva Voce	-	25



  
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HR/VSH/INTERN/22/53

30<sup>th</sup> Sep 2022**To Whomsoever it may Concern**

This is to certify that **Ms. Safura Begum Nizami M** underwent practical training at the Nutrition and Dietician department of VS Hospitals India Pvt Ltd located at Chennai, from **01/09/2022** to **30/09/2022**. The training consisted of both Clinical Dietetics and Food service aspects. She was enthusiastic and interested in learning and was punctual and regular in attendance.

I wish her success in her future career.

For Vasantha Subramanian Hospitals India Pvt Ltd.

*Sweta Eugene Fernando*  
Sweta Eugene Fernando  
Assistant General Manager - Human Resources



*Sweta Eugene Fernando*  
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REGISTERED OFFICE: #13, East Spurtank Road, Chetpet, Chennai - 600031. ☎: +91-44-42001000 | Fax: +91-44-28191021

## CENTERS OF EXCELLENCE

## ADVANCED CANCER CARE

#13, East Spurtank Road,  
Chetpet, Chennai - 600031.  
☎: +91-44-42001000  
Fax: +91-44-28191021

## MULTI-SPECIALTY

#15, East Spurtank Road,  
Chetpet, Chennai - 600031.  
☎: +91-44-42001001  
Fax: +91-44-28191021

## VS CLINIC

Old No.9, New No.17  
East Spurtank Road,  
Chetpet, Chennai - 600031.  
☎: +91-44-42001001

VS SUPER SPECIALTY  
CENTER FOR ADVANCED SURGERIES

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Kilpauk, Chennai - 600010.  
☎: +91-44-46008000 | Fax: +91-44-46008008





# DAVID MULTISPECIALITY HOSPITAL

## *Internship Certificate*

*This Certificate is awarded to*

**SUFIYA PARVEZ. K**

*Of M.sc., (Nutrition Food Service Management & Dietetics) Islamiah Women's  
Arts & Science College, In appreciation for your successful work as an intern at*

*"David Multispeciality Hospital" The Internship was conducted between*

*1st September to 30th September 2022.*

*We wish good luck for your bright future.*



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Dr. David Vimal Kumar, M.B.B.S, MS.,  
Master Of Surgery Degree in  
Orthopedics

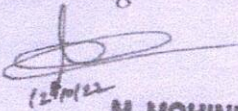


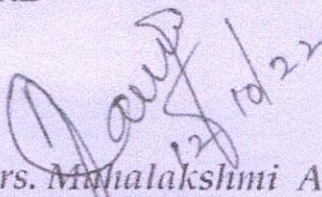
Date: 12.10.2022

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TO WHOMSOEVER IT MAY CONCERN

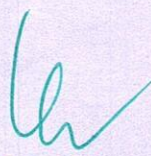
This is to certify that Mrs. Ummahani Saima K, (REG NO: 31221P18005) II Year M.Sc., Food & Nutrition, Student from Islamiah Women's Arts & Science College, Vaniyambadi - 635752, has successfully completed her internship training in our Hospital from 12<sup>th</sup> September 2022 to 12<sup>th</sup> October 2022.

  
12/10/22  
**M. MOHINUDEEN**  
Asst. HR  
HRD

  
12/10/22  
Mrs. Mahalakshmi A  
Chief Dietitian  
Chief Dietician  
Dietary Department,  
Apollo KH Hospital,  
Melvisharam.



  
12/10/2022  
For **DR. MUSHTAQ AHMED KHAN, MS**  
MEDICAL SUPERINTENDENT

  
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